# The Middle Zone

News From DMS - February, 2025



## A KIND WORD...

Instead of buying lots of chocolates, flowers and cards, let's all share a little kindness this Valentine's Day. Make someone's day "special" by practicing random acts of kindness.



## **VALENTINE'S DAY**

Flowers, balloons (<u>must be latex</u> <u>free</u>) or other items delivered to school will be <u>kept in the office until</u> <u>the end of the school day</u>. Students may pick them up after school.

## LET'S TALK ABOUT YOU...

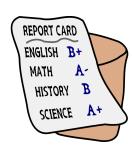
## **Parent Teacher Conferences**

for Dodgeville Middle School will be held on the following dates: Tuesday, February 28, 2025 5:00 - 7:00 p.m. Tuesday, April 22, 2025 5:00 - 7:00 p.m.



## REPORT CARDS ARE COMING

1st semester report cards will be mailed the first week of February. They will include important information on viewing grades online in the future.





# BREAKFAST Regular:

Daily \$2.25

Reduced

Daily \$0.30

# LUNCH Regular:

Daily \$3.40
Weekly \$17.00

Reduced:
Daily \$0.40
Weekly \$2.00

#### **MILK**

Daily \$0.50 Weekly \$2.50

## **LUNCH CHOICES**

DMS students who take advantage of our hot lunch program have a choice of daily entre, a peanut butter and jelly sandwich, or the ever popular prepared salad. Students will need to indicate their choice to their 1st period teacher so enough food can be ordered. It's always good to have a choice for lunch! See the February lunch menu at the end of this newsletter.

# The Principal's Post

Greetings DMS Parents and Guardians,

I hope this message finds you well and that your family is enjoying a fantastic start to 2025. As we embark on the second semester of the school year, I wanted to share some key updates and events here at Dodgeville Middle School to keep you informed and involved. The students here at Dodgeville Middle School continue to excel in a variety of areas. From Builders Club, Student Council, Solo and Ensemble, Wrestling, Girls Basketball, and our upcoming production of Channeling Grimm, Dodgeville Middle School is a great place to be.

## 1. Semester 1 Report Cards

The first semester report cards will be sent home at the beginning of February. Please take some time to review these with your child and celebrate their achievements. If you have any questions or wish to discuss your child's progress further, please feel free to reach out to their teachers or our guidance counselors.

#### 2. Parent-Teacher Conferences

Our Parent-Teacher Conferences are scheduled for Tuesday, February 18th from 5:00-7:00. This is a valuable opportunity to connect with your child's teachers and discuss their academic progress. If you can't make it or would like to set up a time for a more in depth meeting with teachers, please reach out to them directly.

#### 3. Mid-Year Assessments

Our students have recently completed mid-year assessments in Math and English Language Arts. We are currently reviewing the results to identify areas where additional support may be needed, and to ensure all students are on track for success as we continue into the second semester.

#### 4. Upcoming Extracurricular Events

• **DMS Play:** Mark your calendars for the upcoming performance of our student play, Channeling Grimm! Join us on February 7th at 7:00 pm or February 8th at 5:00 pm to support our talented students.

We appreciate your ongoing support and involvement in your child's education. As always, if you have any questions or need assistance, please don't hesitate to contact me or any member of our staff. There are many things to be involved in and we continue to be proud of all that our school has to offer! There are some updates in the remainder of the newsletter, and it's a Great Day to be a Dodger!

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Dodgeville Middle School Principal

# Ms. Jenkins' Counselor's Corner

# Ms. Jenkins' Counselor's Corner for February 2025

Hello DMS Families! My name is Ms. Jenkins and I am the School Counselor here at DMS. We are in full swing of the second semester and we have lots going on!

Please don't forget to check out my <u>DMS Counseling Website</u> for information and resources for students and families

# 2025 National School Counseling Week

National School Counseling Week is February 3rd-7th! It has been an honor and privilege to be your students' school counselor the past two and half years! I have enjoyed getting to know the students and working with staff and families alike to help us all thrive to be as successful as we can! I look forward to continuing this journey with you all!



## Here are a few bits of data so far for the 2024-2025 school year:

- The student-to-school counselor ratio is 277:1 (The American School Counselor Association (ASCA) recommends a ratio of 250:1)
- From August through December, I have had 1857 interactions with students including:
  - 735 individual meetings
  - 51 students in SEL lessons
  - 428 students in Academic and Career Planning (ACP)/Xello Lessons
  - 595 students in student organization meetings
  - 48 students in small groups

This doesn't even include daily morning greetings, hallway greetings and lunch and recess coverage! These interactions have allowed me to get to know the students better and to interact with most students in some capacity on a daily basis!

Below are some resources about what a school counselor does:

Guidance counselor vs. school counselor sheet

Role of school counselor sheet

Who are school counselors sheet

Who are school counselors sheet (Spanish)

School counselor to student ratio sheet (Our ratio at DMS is 277:1)

School counselors matter sheet

The Essential Role of Middle School Counselors

# Forward Testing

Our DMS students in 5th -8th grades will be participating in the Wisconsin Forward Exam or the Dynamic Learning Maps (DLM) assessments during the March 17-April 25 testing window. State assessments are required by both State (Wis. Stat. § 118.30) and Federal ESSA (Every Student Succeeds Act) Law.

DMS students are scheduled to take these exams on the following dates:

- Tuesday, March 18 (8th grade only)
- Tuesday, April 1
- Wednesday, April 2
- Thursday, April 3 (8th grade only)
- Tuesday, April 8
- Wednesday, April 9
- Thursday, April 10

All grades will be completing English Language Arts and Math tests and 8th grade will also have a Science and Social Studies test. One or more subtests may be administered daily during our selected time frame. Students not in school on testing days will be scheduled for a make-up test prior to the close of the testing window.

These assessments measure the knowledge and skills students should have for their grade-level. Students' performance on the assessment will not affect their grades. Please encourage your child to do the best they can. The results of these tests will be used to help school staff make determinations regarding curriculum, placement, and services to best support students.

We encourage students and families to prepare for these tests by doing the following:

- Get plenty of sleep (students age 6-12 need 9-12 hours and students age 13-18 need 8-10 hours)
- Eat a healthy diet (this includes eating breakfast)
- Drink plenty of water (students age 10-14 years need 7-8 cups/day)
- Be physically active
- Limit time on electronics/technology
- Have routines before school and after school

Students will also need to bring the following items to testing:

- Charged Chromebook
- WIRED headphones
- #2 Pencil
- Please note that electronic devices with cellular, messaging and/or wireless capabilities are <u>NOT</u> allowed.
   This includes cell phones, Smart watches and wireless earbuds!!
- ALL STUDENTS MUST HAVE A PAIR OF WIRED HEADPHONES!!

Information for Families About Assessment in Wisconsin | Wisconsin Department of Public Instruction

# **Social and Emotional Learning (SEL)**

In January we finished up the Caring Unit in our SEL curriculum, *Kindness in the Classroom*, which focused on feeling and showing concern for others. We then started the Integrity Unit, which focuses on acting in a way you know to be right and kind in all situations. Check out the links below to learn more about the specific lessons we have/will be doing! You may also check out the Kindness in the Classroom <u>website</u> for additional information or reach out to me if you have any questions.

Respect	Caring  • 5th Grade  • 6th Grade  • 7th Grade  • 8th Grade	Inclusiveness (will not be doing this year)  • 5th Grade  • 6th Grade  • 7th Grade  • 8th Grade
Integrity  • 5th Grade  • 6th Grade  • 7th Grade  • 8th Grade	Responsibility  • 5th Grade  • 6th Grade  • 7th Grade  • 8th Grade	Courage  • 5th Grade  • 6th Grade  • 7th Grade  • 8th Grade



# Academic & Career Planning (ACP) & Xello Lessons

Students are continuing to work on completing their first and second lessons and just started their third lessons in Xello/ACP.

Here is what each grade is working on for their third lesson:

- 5th Grade: Career Research Presentation
- 6th Grade: Decision Making Lesson
- 7th Grade: My Learning Styles Quiz and Explore Learning Styles Lesson
- 8th Grade: My Personality Styles Quiz, Matchmaker: Mission Complete Quiz and Skills Lesson

Coming up in March, Ms. Brogley, the DHS Counselor and myself will be meeting with the 8th graders to start having conversations about high school and creating their freshman schedules!

## 5th Grade D.A.R.E.

Our fifth graders will be participating in the <u>D.A.R.E. program</u> during the 3rd and 4th quarters with our School Resource Officer, Officer Pepper. This will start the week of February 24th during Health class. Be on the lookout in the near future for a family letter being sent via Infinite Campus with more information.



# **Family Resources**

# **Emotional Wellbeing**

- We Can All Prevent Suicide: Lifeline (988lifeline.org)
- What to Do if You're Worried About Suicide
- Suicide Warning Signs for Youth (English)
- o Suicide Warning Signs for Youth (Spanish)
- What to Do (and Not Do) When Children Are Anxious
- How to Support LGBTQ Children
- o Helping Children Cope with Grief
- o <u>Tips for Communicating with your Teen</u>
- Teens and Anger
- <u>Teenagers and Sleep</u>
- Emotional De-escalation Strategies | Edutopia
- o Addressing School Avoidance | Edutopia

# Technology

- o GuidetoSnapchat English.pdf (ctfassets.net)
- o Digital Citizenship Resources for Family Engagement | Common Sense Education
- o Parents' Ultimate Guide to Snapchat | Common Sense Media
- Parents' Ultimate Guide to TikTok | Common Sense Media

- o Parents' Ultimate Guide to Instagram | Common Sense Media
- o Girls and Social Media: A Guide for Parents and Caregivers | Common Sense Media
- o What Are Some Basic Social Media Rules for Middle Schoolers? | Common Sense Media
- How Using Social Media Affects Teenagers
- Are smartphones and social media harming teen mental health? Here's why experts are split | PBS
   News
- o How Social Media Affects Your Teen's Mental Health: A Parent's Guide > News > Yale Medicine
- o Health advisory on social media use in adolescence
- o AAP Media Plan (Family Media Plan)
- o How to Help Kids Balance Phones and Screens with Sleep | Common Sense Media
- o Parents' Ultimate Guide to Fortnite | Common Sense Media
- o Parents' Ultimate Guide to Minecraft | Common Sense Media
- o What's the Impact of Media and Screen Violence on Children? | Common Sense Media
- o How Can I Help My Kids Develop Good Screen Time Habits? | Common Sense Media
- o Be a Role Model: 4 Ways to Balance Screen Time Around Children | Common Sense Media

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# **Spring Testing is on the Way!**

Starting March 17-April 25, DMS students will participate in the annual spring state testing window, which consists of the Wisconsin Forward Exam and the Dynamic Learning Maps (DLM) assessment. It's important to know that students take only *one* of these exams, not both.

Most students will take the Wisconsin Forward Exam. The Forward Exam is designed to gauge how well students are performing in relation to the Wisconsin Academic Standards. This exam is administered online in the spring of each year for students in:

- Grades 3-8 in English language arts (ELA) and math,
- Grades 4, 8 in science, and
- Grades 4, 8, 10 in social studies.

Other students, as determined by their IEP team, will take an alternative assessment, the DLM assessment, during the same time frame. This exam measures academic progress of students with the most significant cognitive disabilities based on the Wisconsin Essential Elements standards. This assessment is primarily delivered online, but some students may need their teacher to present test items to them. DLM is administered to:

- Grades 3-11 in English language arts and math,
- Grades 4, 8-11 in science, and
- Grades 4, 8, 10 in Social Studies.

In the upcoming weeks, staff at DMS will be diving into the "background work" to coordinate these exams. We'll be in communication again as we get closer to the test window.

Thank you for your continued partnership!

Erin Spadafore Director of Student Services & Special Education District Assessment Coordinator

# THE LATEST FROM THE LIBRARY

# **AUTHOR VISITS: At School And In the Community**



Wisconsin author Laura Anne Bird visited with DSD students in 4th through 8th grades on Wednesday, January 29th. Ms. Bird talked about her newest novel, Marvelous Jackson (and its companion, Crossing the Pressure Line). She spoke about the importance of finding one's passion, like the book's main character, Jack, and finding strength in yourself even if you feel you don't quite fit in with others. Miss Laura will also be reading from her book and offering crafts

and treats at *The Republic of Letters* bookstore in Mineral Point on Saturday, February 1st at noon.

On Friday, February 14th, author and anatomist Abbey Breckling will be visiting with DMS 5th grade students to talk about her book, *Charlie's Anatomical Adventures*, which will be released that day. Complementing prior lessons about the circulatory system from Mrs. Byers' science classes, students will examine the functions of the heart and its vital role in keeping us healthy. A flyer will go home about the book around Feb. 3rd. Ms. Breckling will also be visiting *The Republic of Letters* on Saturday, February 15th at 11 AM for a book launch party. Kids and

adults of all ages are welcome to attend both events at the bookstore.



CHILDREN'S BOOK LAUNCH

FEBRUARY 15 AT 11AM

The Republic of Letters Books

#### **BATTLE OF THE BOOKS: STATE COMPETITION**



The state-level competitors, 7th graders Elise E., Camden L., Thanish J.-P. and 8th graders Ana W. and Marissa W. have qualified to represent DMS in the Battle of the Books Middle Level Statewide Competition, which will take place online during the last week of February. We wish them luck!

#### **FEBRUARY BOOK PROMOTIONS**

February is filled with opportunities to celebrate!

- Lunar New Year: Year of the Snake
- Black History Month
- Books with Heart
- Sweet Reads



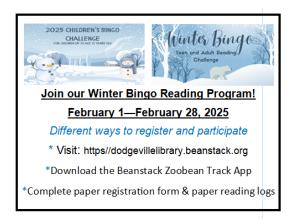






# \*\*\*COMMUNITY CONNECTIONS\*\*\*

# **Dodgeville Public Library: Winter Bingo Reading Program**



The Dodgeville Public Library is offering a new winter bingo reading program during the month of February 2025. You can pre-register now on Beanstack or the Beanstack Zoobean Tracker App. If this is your first time participating in their reading programs, please make sure to select the **Dodgeville Public Library** when registering. You will need a public library card.. If you elect to participate using paper reading logs, they will be available at the Public Library starting Saturday, February 1, 2025. <a href="https://dodgevillelibrary.beanstack.org">https://dodgevillelibrary.beanstack.org</a>

# Merrimac & Main After-School Program / Thriving Through Anxiety Workshop

Merrimac & Main continues their free weekly after-school program for grades 5-8 on Wednesdays 4-6pm @ 115 W. Merrimac St., Dodgeville, WI 53533. On Wednesday, February 12th at 5:00 PM, they are also offering a special workshop for teens of all ages and their caregivers to assist in navigating anxiety. Pizza will be provided. To RSVP for this event, go to <a href="https://www.merrimacandmain.org/">https://www.merrimacandmain.org/</a>



~ Ms. Spady, DMS/DHS Library Media Specialist



# DMS Theater Information



Join the DMS Theater Department as they journey through classic fairy tales in this year's show, "Channeling Grimm".

Using the fairy tales you THINK you know, we help two young students connect the stories of old with 2025.

Featuring over 70 students on and off stage, we look forward to having you with us at the Dodgeville High School Auditorium!

Shows:

Friday, February 7 at 7:00pm Saturday, February 8 at 5:00pm

Ticket Prices: \$7 for adults; \$5 for students/seniors

Tickets can be purchased at the door OR through the Dodgeville School District Go Fan Page up until 1 hour before the show.

In an effort to continue to provide opportunities for our DMS students, there will be concessions for purchase on your way out the door each show as well as a Silent Auction of themed baskets. We thank you for your consideration and financial support of our students!



# **DMS SPORTS**

#### INTERSCHOLASTIC SPORTS AT DMS!

- ★ Girls' Basketball Grades 7th & 8th Practice starts Thursday, January 2nd 7th Grade at DES 8th Grade at DMS **Girls Basketball Schedule**
- ★ Wrestling Grades 6th 8th Practice starts Thursday, January 2nd 3:30 - 5:00 pm in the DMS Mat Room **Wrestling Schedule**
- **★** Track Grades 6th 8th Practice starts Monday, March 31st. Middle School Track & Field

# Middle School Sports Sign Up: 2024-2025 Sign Up Sheet

# ATTENTION ATHLETES - GET READY TO PLAY!

To participate in the DMS interscholastic sports programs **ALL** forms must be turned into the office **BEFORE** you are able to **PRACTICE**. If you are interested in being part of one of our athletic teams this year, you must take care of the following items:

- WIAA physical or alternate year card **Physical Form or Alternate Year Card**
- Athletic Code Sheet and Concussion/Sudden Cardiac Arrest Agreement **DMS Registration Parental Consent**
- Upland Hills Health, consent and permission to

**UHH Consent** 

- Fee to participate (payable at the start of each sport).
  - **DSD Student Fees**



# 7TH & 8TH GRADE **GIRLS BASKETBALL 2025** Subject to change



## Girls Basketball Schedule

Date	Opponent	Home / Away	Dismissal Time	Start Time
Tuesday, Feb. 4	Cuba City	Home	***	4:00 pm
Thursday, Feb. 6	Lancaster	Away	2:30 pm	4:00 pm
Thursday, Feb. 13	Platteville	Home	***	4:00 pm
Tuesday, Feb. 18	Darlington	Home	***	4:00 pm

Home Games

- 7th grade plays at Dodgeville Elementary School
- 8th grade plays at Dodgeville Middle School









# **WRESTLING 2025**

# **Wrestling Schedule**

Date	Opponent	Home / Away	Dismissal Time	Start Time
Monday, Feb. 3	Lancaster Invite	Away	2:30 pm	4:30 pm
Monday, Feb. 10	Darlington Invite	Away	2:40 pm	4:30 pm











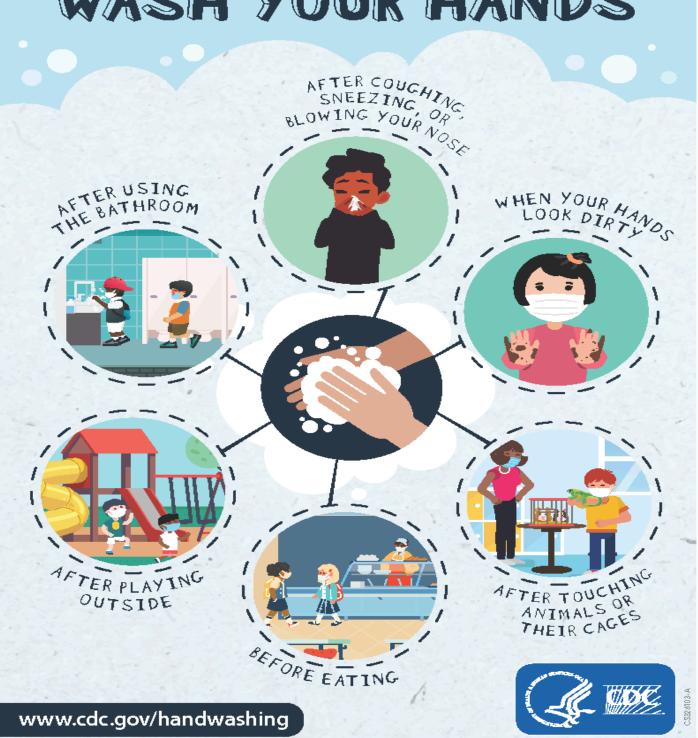
# TRACK & FIELD 2025

# **Track Schedule**

Date	Opponent	Home / Away	Dismissal Time	Start Time
Thursday, April 24	Dodgeville Invite	Home		4:00 pm
Monday, April 28	Prairie du Chien Invite	Away	1:55 pm	
Tuesday, May 6	Fennimore Invite	Away	2:20 pm	
Tuesday, May 13	Lancaster Invite	Away	2:20 pm	
Thursday, May 15	Platteville Invite	Away	2:20 pm	

# FROM THE NURSE'S OFFICE







# TOO SICK FOR SCHOOL?



Below are guidelines to help parents and school districts determine when to keep children/students home from school. The recommendations are based on guidelines provided by the Centers for Disease Control and Prevention and state public health professionals. They were developed to help prevent the spread of potentially contagious disease. Home is the best place for a child who is ill. If your child is sick with a diagnosed communicable disease, please notify the school as soon as possible. This notification will greatly assist others who, due to medical reasons and/or treatments, have weakened immune systems and may require immediate and specialized care.



**FEVER** 

VOMITING/DIARRHEA



COUGH

With fever greater than 100.4° F\*. Student may return when fever-free for 24 hours (WITHOUT use of fever-reducing medicine).

Any unexplained vomiting episode. May return 24 hours after last episode. Diarrhea = three or more unexplained episodes of watery or loose stool in 24 hours <u>OR</u> sudden onset of loose stools. May return 24 hours after last episode.

Serious, sustained coughing, shortness of breath, or difficulty breathing.



**RASH** 

SKIN LESIONS/SORES



**OTHER** 

Any new rash accompanied by a fever. May return after rash goes away or clearance given by a health care provider.

Drainage from a sore that cannot be contained within a bandage OR sores are increasing in size OR new sores are developing day-to-day.

Symptoms that prevent the student from active participation in usual school activities OR student is requiring more care than school can safely provide.

<sup>\*</sup> Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number actually can range depending on factors such as the method of measurement and the age of the person. CDC has public health recommendations that are based on the presence (or absence) of fever. What is meant by this is that the person's temperature is not elevated beyond their norm. In order to provide clarity the Wisconsin Department of Public Instruction supports the use of 100.4°F.

# - MIDDLE SCHOOL MATH -

"Sum" Math for FEBRUARY! Here's what our math students are studying:			
7th	Seventh grade has been working on ratio and proportional relationships.  These have real world connections to recipes, maps, finances, and a multitude of other uses. We are also completing the winter Iready Math diagnostic testing for the students.		
8th	Eighth grade has been working on angles and angle relationships. These have a real world connection to engineering, art, and transportation. We are also completing the winter Iready Math diagnostic testing for the students. We will be moving into angles and their relationships in triangles.		



# Homework Club DMS Tuesdays and Thursdays 3:30-4:30



Students who want some support with assignments, studying for tests, or just want to hang out and read. You do not need to sign up, just stay after school and report to Room #330 (Mrs. Thier's room).

# DMS Upcoming Events 2024-2025 As of 01/31/2025 (Subject to change)

<b>Februa</b>	<u>ary</u>	
	3	- DMS Wrestling Invite at Lancaster High School - 4:30 pm (dismissal 2:30 pm)
	4	- Girls Basketball - Home vs. Cuba City - 4:00 pm
	6	- Girls Basketball - Away vs. Lancaster - 4:00 pm (dismissal 2:30 pm)
	7	- DMS Play - Channeling Grimm - 7:00 pm
	8	- DMS Play - Channeling Grimm - 5:00 pm
	10	- DMS Wrestling Invite at Darlington High School - 4:30 pm (dismissal 2:40 pm)
	13	- Girls Basketball - Home vs. Platteville - 4:00 pm
	17	- No School - Professional Development for Staff
	18	- Girls Basketball - Home vs. Darlinton - 4:00 pm
	18	- DMS Parent Teacher <u>Conference Open House</u> 5:00 - 7:00 pm
March	<u>l</u>	
	1	- Middle School Solo & Ensemble at Lancaster High School
	21	- End of 3rd Quarter - Early Release - Noon Dismissal
	24-28	- No School - Spring Break
	31	- Start of 4th Quarter
	31	- DMS Track & Field Practice starts
<u>April</u>		
	18	- No School - Good Friday
	21	- No School - Professional Development for Staff
	22	- DMS Parent Teacher <u>Conference Open House</u> 5:00 - 7:00 pm
	24	- DMS Track & Field Dodgeville Invite - 4:00 pm
	28	- DMS Track & Field - Invite at Prairie du Chien - 4:00 pm (dismissal 1:55)
May		
	6	- DMS Track & Field - Invite at Fennimore - 4:00 pm (dismissal 2:20)
	13	- DMS Track & Field - Invite at Lancaster - 4:00 pm (dismissal 2:20)
	15	- DMS Track & Field - Invite at Platteville - 4:00 pm (dismissal 2:20)
	23	- DHS Graduation 7:00pm
	26	- No School - Memorial Day
	30	- End of School Year - Early Release - Noon Dismissal

# What's happening in the Dodgeville School District

**Dodgeville School District** 

School Calendar



4.7			M	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG – Whole Grain  Choice of Milk  1% White or Fat Free Chocolate  Breakfast Menus Posted in Kitchen  Menu subject to change without notice.  This institution is an equal opportunity provider.			Happy Valentine's Day	Annual Control of Cont
3. Personal Pepperoni Pizza Romaine Baby Carrots Pears Frozen Juice Cup	4. Ham Slider Chicken Noodle Soup Cucumbers Seasoned Peas Peaches	5. Popcorn Chicken Mashed Potatoes Buttery Corn Mixed Fruit Dinner Roll	6. Walking Taco French Fries Shredded Lettuce Refried Beans Diced Tomatoes Applesauce Tortilla Chips	7. Orange Chicken Fried Rice Bell peppers Steamed Broccoli Mandarin Oranges WG Dinner Roll Fortune Cookies
10. Pizza Hut Pepperoni Seasoned Carrots Romaine Pears Sidekick	11. Italian Pasta Bake Lettuce salad Green Beans Strawberries Garlic Bread	Mini Corn Dogs Tater Tots Baked Beans Mixed Fruit Dinner Roll	13. Chicken Fajita Wedge Fries Shredded Lettuce Diced Tomatoes Peaches Tortilla Shell	Hamburger w/Cheese French Fries Pickles Sliced Tomatoes Red Applesauce WG Bun
NO SCHOOL PD DAY HEAD START DODGER CARE	18. Mozzarella Dippers Marinara sauce Romaine Wedge Fries Peaches	19. Chicken Nugget Mashed Potatoes Seasoned Corn Mixed Fruit WG Roll	20. Cheese Quesadilla French Fries Lettuce Fiesta Beans Diced Tomatoes Pears	21. Omelet French Toast Sticks Hash brown Rounds Baby carrots Applesauce Juice
Pizza Hut Sausage Seasoned Peas Romaine Pears Sidekick	25. Spaghetti Lettuce Salad Baby Carrots Peaches Garlic Bread	26. Chicken Patty Mashed Potatoes Sweet Corn Mixed Fruit WG Bun	27. Hot Dog Tri-taters Baked Beans Pickles Applesauce WG Bun	28. Teriyaki Chicken Fried Rice Steamed Broccoli Bell Peppers Pineapple Fortune Cookie Dinner Roll